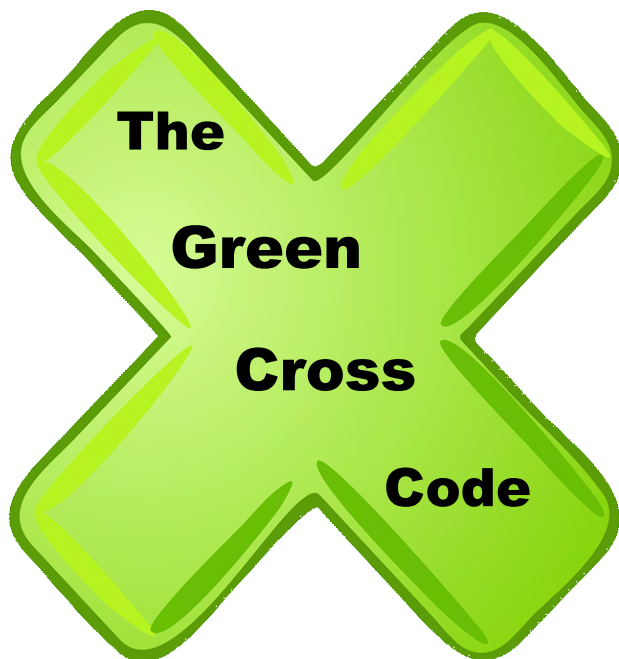


# Smart Start Road Safety



**Road Safety advice for  
young road users**



The Green Cross Code is the steps you need to follow to cross the road safely

### **Find a safe place to cross**

- If there is a crossing near, use that. It is much safer to use a zebra, puffin, pelican, toucan or pegasus crossing or a subway, footbridge or island. Outside school there may also be a school crossing patrol to help pupils get to school safely.
- If there is no crossing, choose a place where you can see clearly in all directions – try not to cross between parked cars, on a bend or brow of a hill – move to a place where the road users can clearly see you.

### **Stop**

Not too close to the kerb, but where you can see if anything is coming and where the drivers and riders can see you. Do not get too close to the traffic.

### **Look and listen**

Look all around because the traffic could be coming from any direction. Listen as well because sometimes you can hear traffic before you can see it.

### **Wait until it is clear**

If traffic is coming then let it pass – do not cross until there is a safe gap in the traffic to give you plenty of time to walk across the road.

### **Cross the road**

When the road is clear, walk straight across – do not run. Keep looking and listening as you cross. Walk in a straight line, not diagonally, across the road

# Walking

**When walking, make sure that you always follow the walking rules:**

- ✓ Always walk on the pavement or footpath if there is one
- ✓ Walk as far away from the kerb as possible – away from the traffic
- ✓ If you have to walk on the road, because there is no pavement, walk on the right hand side of the road and face the traffic coming towards you
- ✓ If you have to walk on the road, walk in single file, one behind the other
- ✓ Always look when crossing cycle lanes on the road, cyclists can travel very quickly and you don't always hear them
- ✓ If you are walking with young children, always hold their hand when crossing the road
- ✓ Follow the **Green Cross Code** to cross a road safely
- ✓ Use a crossing if there is one nearby
- ✓ When walking near and across roads make sure that you're not doing anything that will distract you, such as using a mobile phone to talk, text, take photos or listen to music



## Word Jumble

can you unscramble the letters to find key words to remember when you are walking?

AMPVNTEE	=	_____
BRKE	=	_____
FRELCVTEIE	=	_____
RGNE SCORS DCEO	=	_____

## Be Bright Be Seen



### Make sure you can be seen

To help other road users to see you when it is dull or dark, wear something or carry something that is light coloured or bright

### Be Bright, Be Seen

Wear something that is **fluorescent**, that will show up in daylight and at dusk

Wear something that is **reflective**, that will show up when it is darker

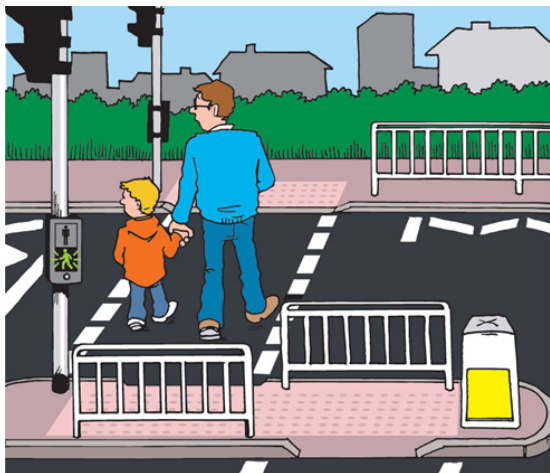
### Some handy tips if you are out in the dark

- Choose a bag or rucksack with hi-visibility straps
- Fluorescent and reflective armbands can be worn over coats and clothing and stickers can be used on bags
- Cross the road using a crossing as this is the safer place to cross
- Always choose routes and cross at places that are well lit
- Cross the road near a street light as this will help other road users to see you

### If you are riding a bicycle

- Wear bright clothing during the day and reflective clothing or accessories after dark
- It is against the law to cycle at night without a white front light, a red back light and a red reflector at the back

## Safer Place to Cross



Where there is a crossing nearby, use it.

It is safer to cross a road using a subway, a footbridge, an island, a zebra, pelican, toucan, pegasus or puffin crossing, and a school crossing patrol if there is one near school

Puffin, toucan and pegasus crossings make <sup>crossing</sup> the road easier and safer. They have the red/green man signals on the same side of the road as you are waiting to cross, allowing you to watch these signals and traffic at the same time.

Before you cross the road at one of these crossings, look at the 'wait box with the red/ green man. This box will be on your side of the road, usually on the right-hand side...

- if the green man is showing, make sure the traffic has stopped in both directions before crossing the road
- if the red man is showing, do not cross the road
- push the button on the red/ green man box
- make sure the indicator lights around the button light up - the indicator lights stay lit until the box shows the green man
- if the indicator lights goes out, push the button again and wait for the green man
- when the green man shows and the traffic has stopped in both directions, cross the road carefully

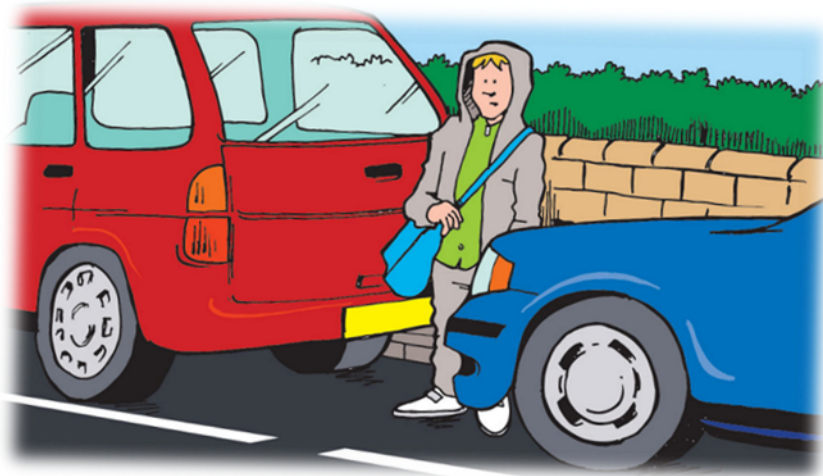
### Word Search

Can you find the different crossings in the list below :

pelican  
 zebra  
 footbridge  
 subway  
 island  
 puffin  
 school crossing patrol

f	g	a	p	s	t	h	z	o	s
o	s	c	h	o	o	l	e	i	p
o	c	r	o	s	s	i	n	g	e
t	p	a	t	r	o	l	z	c	l
b	i	y	u	q	r	t	e	m	i
r	v	o	p	r	c	l	b	a	c
i	s	l	a	n	d	c	r	y	a
d	o	i	y	f	a	l	a	r	n
g	m	u	z	s	u	b	w	a	y
e	h	e	p	u	f	f	i	n	m

## Parked Cars



### If you have to cross between parked cars...

- ✓ Choose a place where it is easy to get straight across the road to get to the pavement on the other side
- ✓ Make sure neither car is going to move
- ✓ Don't cross near a large vehicle – the driver may not be able to see you if you are stood in their blind spot
- ✓ Walk to the outside edge of the parked car and stop. From here, you can be seen and you can look around for traffic
- ✓ Use the Green Cross Code to get across the road safely

### Word Jumble

can you unscramble the letters to find key words to remember when you are crossing the road?

PTSO	=	_____
KLOO	=	_____
HIKTN	=	_____
LSNTEI	=	_____
KWLA	=	_____
FCTFARI	=	_____



## Travelling in Cars



You **must** wear a seat belt if one is fitted in the seat you are using.....**it is the law!**

Children under the age of 12 and less than 135cms tall, **must use a child seat** that is correct for their size

### When travelling in a car

- Do not distract the driver
- Do not block the driver's view in the mirror
- Never lean out or throw anything out of the car window
- Only open the doors or windows when it is safe to do so
- Do not open the door whilst the car is moving
- When getting out of the car, use the door on the pavement side



# Cycling

## Before you set out on your bike, do a few simple checks....

- Make sure your cycle is safe to ride – check the brakes, gears and tyres
- Always wear a cycle helmet that fits correctly – it will help to protect your head if you fall off
- Make sure other road users can see you – wear something light coloured and reflective
- Make sure your bike is not too big or small – this could affect your balance and put you in danger
- Make sure you are not wearing loose clothing – this could get caught in the chain or wheels
- If you are riding in the dark, check your front white light and back red light and reflector are clean and working








## Out on your bike...

- ✓ Before you set off and while you are riding, keep looking all around for the traffic
- ✓ Always keep both hands on the handlebars
- ✓ Do not ride on the pavement – unless it is a shared pavement where you are allowed to ride
- ✓ Be careful near to large vehicles – the driver may not be able to see you
- ✓ You must obey road signs and traffic light signals
- ✓ Do not hold onto any other moving vehicle or another cyclist
- ✓ If you are riding with others, ride in single file on busy or narrow roads or round bends – never ride more than two side by side



## Cycle Routes and Signage

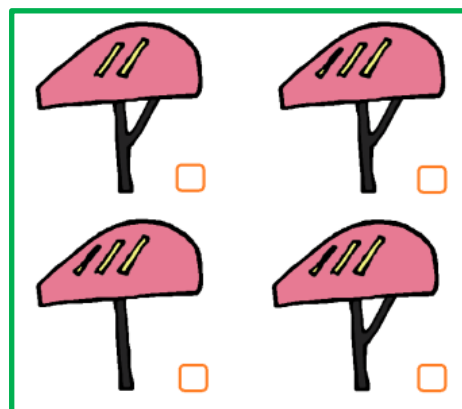
Where available, try to use routes away from the busy roads. In some areas special cycle routes, lanes or tracks may be provided

	Cycles only
	Separate cycle & pedestrians
	Cycle shared with pedestrians
	Cycle lane
	Recommended route for cycles

**DO NOT cycle**  
**Where you see this sign**



Can you match two identical helmets...



e j v m v n v i i i p t r s u  
r m w h e e l g f z m q i a c  
c h t x b k c a r x p r a f w  
a p h v d i s t r a c t m e c  
r v a a n n d d a n g e r r d  
s m p v f q d w c e l c e d l  
e i p v h e i g h t o h e e n  
a r a p e j z i q l v i i d a  
t r n a f f n b a z o l h r t  
c o j r m p m l j l j d m t s  
n r t e s e a t b e l t v x z  
j g k n x v g w w v t a x i g  
o p b t u q u i e t o d y x z  
u a f e a w u e f f s e a t w  
q i z s l y k f a s t k o w c

### Word Search

can you find the hidden words  
from the list below:

child	seat
safer	parent
mirror	wheel
car	quiet
taxi	distract
height	seatbelt
danger	car seat
fast	

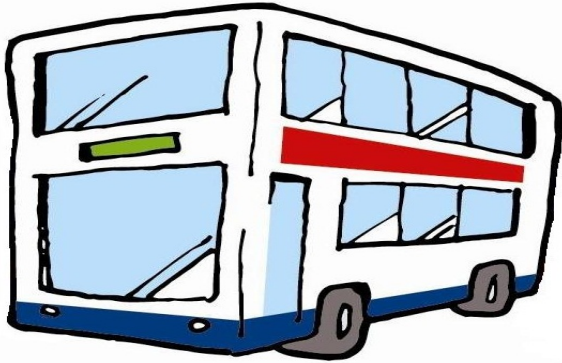
### Word Search

can you find the hidden words  
from the list below

brakes	gears
puncture	reflective
bell	lights
air	bright
wheel	chain
seat	mudguard
scooter	spoke
helmet	

m u d g u a r d q i q g e e e  
k z s m u c o r r h e l m e t  
r s z j c c h a i n j w g k r  
p u n c t u r e e l q h i m j  
s g m z p h l i f f b e i s h  
c e d p w l b i b g s e n n l  
o a b h y g t r g y e l l j g  
o r t x n d o m a h a h b l n  
t s r r q k f a w k t x r w i  
e h t j d m w a d w e s i i u  
r o i t s a c k f h n s g e f  
u r e f l e c t i v e h h d s  
f j a y v y i p d s j d t q k  
r y i i x e z d z d m v p z c  
w i m v r v b o y q s p o k e

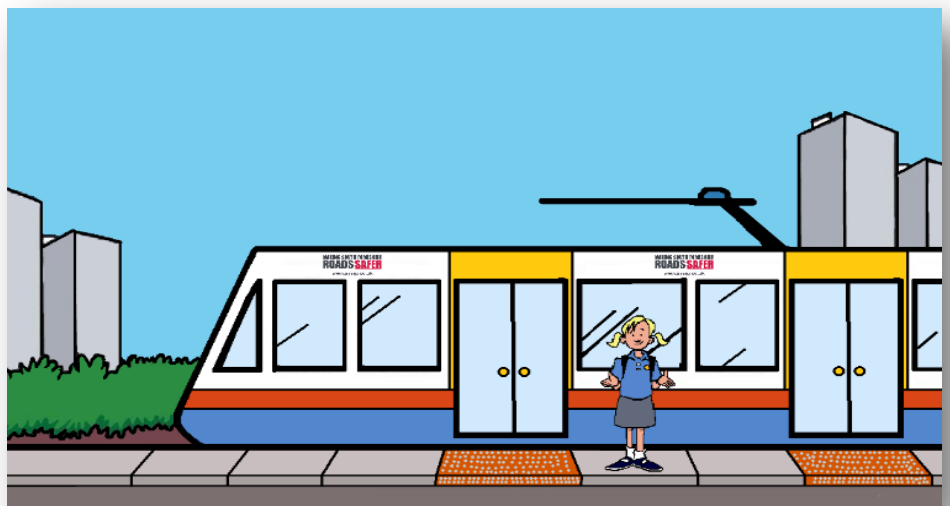
## Buses, Trams and Trains



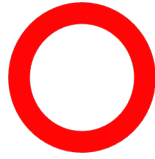
### REMEMBER

- ✓ Always try to think about what might be happening around you
- ✓ Make sure that you are easily going to be seen
- ✓ Drivers need to concentrate on what they are doing. Make sure that you do not distract them no matter what vehicle you are travelling in
- ✓ Where there are seatbelts ALWAYS use them

- When you wait for a bus, tram or train, stand on the pavement well back from the traffic. It is dangerous to play around at bus, tram and train stops
- Wait for people to get off the bus, tram or train before you get on
- Always do what the driver or conductor tells you and never distract them
- If you do need to cross the road after getting off a bus, tram or train, wait for it to move away first so that drivers can see you and you can see what is coming



# Traffic Signs



Circles are Orders



Triangles are Warnings



Rectangles are Information


## Match up the Road Signs

- Turn Right Ahead
- No Entry
- Road closed
- T Junction Ahead
- Steep hill Upwards
- Zebra Crossing
- No Vehicles Carrying Explosives
- Turn left ahead
- Road Closed
- Crossroads
- Slippery Road
- Tunnel Ahead
- Pedestrians in the Road
- Beware Vehicles Carrying Explosives
- Pedestrian Area
- Exploding cars ahead
- Mutant Giants in the Road
- Steep Hill Downwards
- Photograph View Point
- Hold Hands with your Child
- Area in which Cameras are used to Enforce Traffic Regulations